

Building Soil Resistance and Resilience to Stress

1. Disturb soil as little as possible

2. Keep soil covered as much as possible

3. Keep live plants growing throughout the year to feed soil organisms

4. Increase plant biodiversity via crop rotations, including cover crops



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# Why Don't Farmers Use Cover Crops? 2012 CTIC Survey

What are the challenges of cover crop management?

- 1. Cost of cover crop seed
- 2. Time required for increased management
- 3. Labor required to plant a cover crop
- 4. Cover crop becomes a weed
- 5. Cover crops use too much soil moisture
- 6. Potential yield reduction
- 7. I don't know enough about cover crops to answer
- 8. Increased insect and disease potential
- 9. Carbon:Nitrogen ratio imbalance

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Cover Crop Survey Report 2013-14

\*Corn yields on fields that had previously been in cover crops were 5 bushels per acre higher than on fields that had not had a cover crop the previous season—an increase of 3.2%.

\*Soybean yields increased by 2 bushels per acre where cover crops were used, a boost of 4.6%.

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Selecting the Best Cover Crops For Your Farm

#### #1-What are your goals?

- Reduce soil erosion
- Nitrogen fixation
- Control of weeds
- Reduce soil compaction
- Nitrogen scavenging
- Reduction in soil and residueborne disease
- Control of insects



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Selecting the Best Cover Crops For Your Farm

### #2 - How and when will you plant the cover?

- How will it be seeded?
- When will it be seeded?
- What will the weather be like then?
- What will soil temperature and moisture be?
- How vigorous will other crops or pests be?Should the cover crop be low growing and
- Should the cover crop be low growing and spreading or tall and vigorous?
- What weather extremes and wheel traffic must be tolerated?



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Selecting the Best Cover Crops For Your Farm

### #3 - How and when will you terminate the cover?

- Will it winterkill in my area?
- Should it winterkill to meet my goals?
- What kind of regrowth can I expect?
- How will I kill it to plant into it?
- Will I have the time to make it work?
- What's my contingency plan and risk if the crop does not establish or does not die on schedule?
- Do I have the equipment and labor needed?

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Selecting the Best Cover Crops For Your Farm

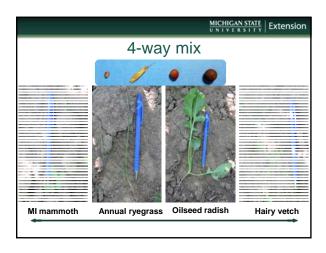
## #4 - Which cover species or mix will you use?

- The "Wonder Crop" doesn't exist
- Choose one or more species that come as close as possible

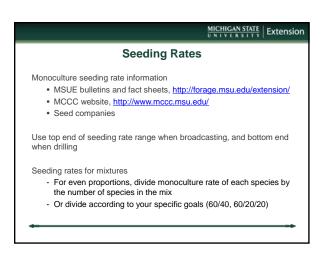


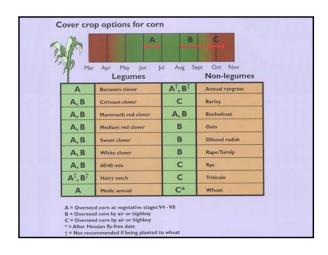
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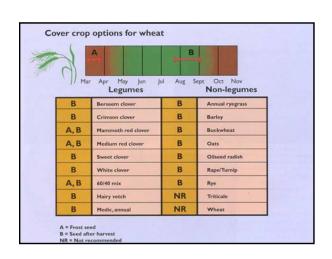


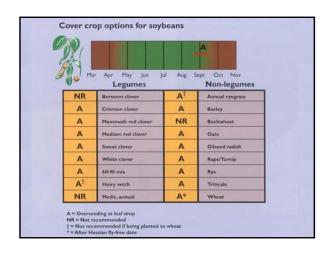






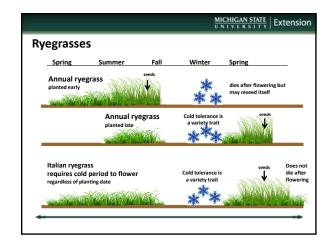












Considerations for Successful Cover Cropping

1. Decide what you want to accomplish in light of available resources (time, machinery, money)
2. Select cover crop(s) that can achieve your goals
3. Start small (10-20 acres) with dependable cover crop(s)
4. Increase acres and species as you gain experience
5. Cover crops take more management, not less!

"Successful cover croppers consider cover crops part of their rotation"

